

### The issues of consultation

- Planned parenthood
- Pregnancy, birth and parenthood
- Partnership and sexuality
- Unintended pregnancy
- Sexual education

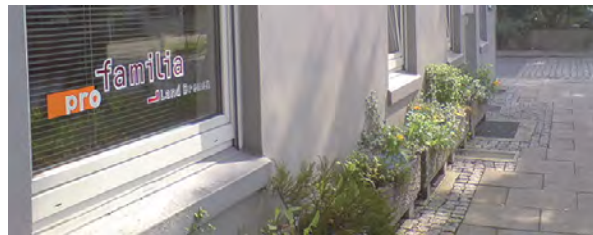
Please note, that you should arrange a date for a consultation by phone, if it is possible.

[www.profamiliabremen.de](http://www.profamiliabremen.de)

### Information and application



**pro familia advisory office  
Bremen-Center**  
Hollerallee 24  
28209 Bremen  
**Phone: 0421-3406030**  
[bremen@profamilia.de](mailto:bremen@profamilia.de)



**pro familia advisory office  
Bremen-North**  
Weserstr.35  
28757 Bremen  
**Phone: 0421-654333**  
[bremen-nord@profamilia.de](mailto:bremen-nord@profamilia.de)

### Refund of costs for contraception



Voluntary grant for socially disadvantaged women in Bremen

### Refund of costs for contraception

Since the novelty of the German health system people may claim medical care for planned parenthood just until the age of 20.

As part of a project the city of Bremen refunds the costs for contraception for female inhabitants, who are entitled for grants like „AlG 2“ or „SGB XII“ or „Asylbewerberleistungsgesetz“.

The refund of costs is a voluntary grant of the city of Bremen, a legal entitlement doesn't exist. You may file an application since July 2016.

You may find consultation and the application form in the advisory office of pro familia in Bremen-Center and North.

### We like to inform you !

### Conditions for free contraception

You can apply for contraception with a doctor's prescription (no condoms), if you fulfill the following conditions:

You are living in the city of Bremen.

You are at least 20 years old.

**and** you are entitled for one of the following grants

- AlG 2 or existence money from the Jobcenter
- Basic grant /help for existence in order to SGB XII **or**
- Grants in order to the „Asylbewerberleistungsgesetz“

If you fulfill these requirements, you receive a certificate of the refund of costs for pharmacies and doctor's office.

**You do not pay the contraception yourself.**

### What's to do ?

If you are decided per example for the birth control pill or an contraception ring, you first need a recipe of your doctor. If you want to prevent with a coil, you need a calculation of costs of your doctor.

**Please arrange a date with one of the pro familia consultation offices by phone.**

**pro familia Bremen-Center**  
**phone 0421-3406030**  
**pro familia Bremen-North**  
**phone 0421-654333**

**Please bring the following documents to the date in the consultation office:**

- **Recipe** or **costs estimate** of your doctor
- **The current proof of**
  - the Jobcenter Bremen or
  - the office for social services Bremen
- **passport, national pass or substitutes of these papers.**