

## Information and application

### The issues of consultation

- Planned parenthood
- Pregnancy, birth and parenthood
- Partnership and sexuality
- Unintended pregnancy
- Sexual education

Please note, that you should arrange a date for a consultation by phone, if it is possible.

[www.profamiliabremen.de](http://www.profamiliabremen.de)



**pro familia advisory office  
Bremen-Center**  
Hollerallee 24  
28209 Bremen  
**Phone: 0421-3406030**  
[bremen@profamilia.de](mailto:bremen@profamilia.de)



**pro familia advisory office  
Bremen-North**  
Weserstr.35  
28757 Bremen  
**Phone: 0421-654333**  
[bremen-nord@profamilia.de](mailto:bremen-nord@profamilia.de)

## Refund of costs for contraception



**Voluntary grant for socially disadvantaged women in Bremen**

### **Refund of costs for contraception**

Since the novalty of the german health system people may claim medical care for planned parenthood just until the age of 22.

As part of a project the city of Bremen re-funds the costs für contraception for fe-male inhabitants, who are entitled for grants like „AIG 2“ or „SGB XII“ or „Asylbewerberleistungsgesetz“.

The refund of costs is a voluntary grant of the city of Bremen, a legal entitlement doesn't exist. You may file an application since july 2016.

You may find consultation and the applica-tion form in the advisory office of pro fa-milia in Bremen-Center and North.

**We like to inform you !**

### **Conditions for free contraception**

You can apply for contraception with a doc-tor's prescription (no condoms), if you fulfill the following conditions:

You are living in the city of Bremen.

You are at least 20 years old.

**and** you are entitled for one of the following grants

- AIG 2 or existence money from the Jobcenter
- Basic grant /help for existence in or-der to SGB XII **or**
- Grants refering to the „Asylbewer-berleistungsgesetz“

If you fulfill these requirements, you re-ceive a certificate of the refund of costs for pharmacies and doctor's office.

**You do not pay the contraception your-  
self.**

### **What's to do ?**

If you are decided per example for the birth control pill or a contraception ring, you first need a recipe of your doctor. If you want to prevent with a coil, you need a calculation of costs of your doctor.

**Please arrange a date with one of the pro familia consultation offices by phone.**

**pro familia Bremen-Center  
phone 0421-3406030  
pro familia Bremen-North  
phone 0421-654333**

**Please bring the following documents to the date in the consultation office:**

- **Recipe** or **costs estimate** of your doc-tor
- **The current proof of**
  - the Jobcenter Bremen or
  - the office for social services Bremen
- **passport, national pass or substitutes of these papers.**